

Surgery

RESIDENCY PROGRAM AT
**Westside Regional Medical
Center/Northwest Medical
Center**

Welcome to the Surgery Residency Program at Westside Regional Medical Center

The Surgery Residency Program at Westside Regional Medical Center is part of the HCA Healthcare Graduate Medical Education network. HCA Healthcare is the nation's leading provider of quality, patient-centered care. We are also the leader in graduate medical education, all brought together by a single mission:

Above all else, we are committed to the care and improvement of human life.

ACGME# 4401100449

Tracks & Positions

Tracks	NRMP #	Available Positions
Categorical	2232440C0	20

Salary

PGY1	PGY2	PGY3	PGY4	PGY5	PGY6	PGY7
\$54,267	\$55,869	\$57,637	\$59,738	\$62,254	\$64,563	\$66,539

Hello Everyone!

We are pleased to announce the successful launch of our new HCA East Florida Division GME General Surgery Residency Program at Westside Regional Medical Center located in Plantation, Florida. We would like to give an unrivaled chance to exceptionally qualified individuals to comprehensively attain the medical knowledge, clinical training and surgical skills needed to become future pioneers and leaders in the practice of Surgery. Our unique program offers exposure to a wide range of surgical procedures and opportunities for diversity in training via rotations at hospital facilities within the HCA East Florida Division that provide University level care at the community level.

Our fully ACGME accredited 5-year program is approved for a full complement of 20 residents. Each academic year, our residency program will offer 4 categorical surgery positions to highly qualified individuals who have demonstrated a passion, dedication and proclivity for a career in Surgery. We only accept applications through the Electronic Residency Application Service (ERAS).

Westside Regional Medical Center provides comprehensive healthcare to the community of Broward County. Founded in 1974, our facility has evolved into a 250-bed medical center and healthcare complex, continuously expanding and incorporating the latest biomedical technology that enables us to provide leading edge services to the population we serve. Recently, we have completed the construction of our 3-story patient tower that added 72 private rooms to our facility and offers our patients more comfort and privacy during their stay. Our medical services, combined with programs in specialties varying from oncology to cardiology, from surgery to emergency care, illustrate why we are one of the foremost healthcare facilities in South Florida and have been so recognized by Healthgrades, American Heart Association and the Women's Choice Awards. We offer our community the latest in minimally invasive robotic general, bariatric, spine and colorectal surgery - and are very excited to be one of only nine Joint Commission certified centers of excellence in the United States for minimally invasive colorectal surgery.

On behalf of our teaching faculty, Hospital Leadership, allied healthcare professionals and staff, we value your interest in our training program and we anticipate meeting you in the near future.

Sincerely,

Shaikh A Hai, MD, FACS
Program Director
Clinical Professor of Surgery

Our Faculty



Shaikh Hai, MD, FACS, FCCP, FICS, FSSC

Dr. Hai is a double board-certified surgeon who has over 30 years of extensive GME experience teaching medical students, residents and fellows. He specializes in General Surgery, Trauma/Acute Care Surgery and Surgical Critical Care. Dr Hai is the Program Director for the General Surgery Residency here at Westside Regional Medical Center and Northwest Hospital. He is very involved in clinical research, having published in numerous peer-reviewed journals, written chapters in surgical textbooks and is an invited guest lecturer at many symposiums and to community groups locally and nationally. He is a member of national and international surgical organizations holding leadership positions in many of them. He is also Clinical Professor of Surgery at Nova Southeastern University and Florida International University Medical Colleges.



Charles Lago, MD, FACS, FASCRS

A board-certified surgeon, Dr. Lago is a Diplomate of the American Board of General Surgery and a Diplomate of the American Board of Colon Rectal Surgery. Dr. Lago is the Associate Program Director for the He also serves as the Chief of Staff for Westside Regional Medical Center in Plantation, Florida and as Medical Director of Colon & Rectal Surgery at Coral Springs Medical Center. In addition to academic and medical pursuits, Dr. Lago was a board member for the American Cancer Society, The Broward County Medical Association and numerous other medical and civic groups. Dr. Lago has sponsored the Cancer Society's annual "Relay for Life" fund raiser and a proponent of colon cancer awareness. Dr. Lago is frequently a guest lecturer at many symposiums and to many community groups locally and nationally.



Eric Kleinstein, MD

As a board-certified General Surgeon, Dr. Kleinstein's expertise and special interests are in Breast Surgery, Laparoscopic Surgery, Thyroid Surgery, Complex Hernia Repairs and Wound Care. Dr Kleinstein was the first surgeon at Northwest Medical Center to perform a "SILS" Laparoscopic Cholecystectomy (removing the patient's gallbladder through only one incision). Dr Kleinstein is currently Chief of Surgery at Northwest Medical Center.



Mark S. Shachner, MD, FACS

Dr. Shachner is a board-certified surgeon whose practice is devoted to minimally invasive surgery for GI malignancies, hiatal hernia and reflux conditions. He is one of a few surgeons in South Florida who performs high volume of Robotic Surgery for Hiatal Hernia, Colon Cancer, and Single Incision Gallbladder removal. He is the only surgeon in Broward County that performs the new Linx procedure for reflux.



Charan Donkor, MD, FACS

Dr. Donkor is Board-certified in general surgery and is a fellow of the American College of Surgeons. He is an active member of the Society for Gastrointestinal and Endoscopic Surgeons and the American Medical Association. He specializes in minimally invasive techniques for general and bariatric surgery. He has authored several recent articles, reviews and manuscripts primarily on robotics and its surgical techniques. Dr. Donkor is an international lecturer within his specialty and has recently presented in Dominican Republic, Curacao, Jamaica, Trinidad, Ecuador, Argentina and the Bahamas.



Segundo Gonzalez, MD

Dr. Gonzalez is a double boarded surgical specialist, being a board-certified surgical oncologist and a board-certified general surgeon. He specializes in surgical diseases of the neck (e.g. thyroid and parathyroid), endocrine system, breast, gastrointestinal tract, hepatobiliary system, advanced skin malignancies, and other advanced minimally invasive and robotic surgical procedures. He has published numerous papers on Cancer related topics.



Brian Weinstein, MD, FACS

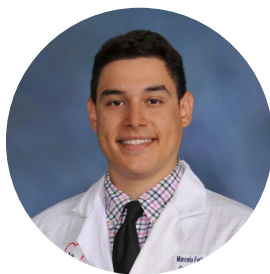
Dr. Weinstein is board-certified with a variety of interests in General Surgery. He is very involved diseases of the breast and performs minimally invasive breast biopsies using ultrasound and mammographic techniques. Another area of interest is treatment of diseases of the Thyroid and Parathyroid gland, both benign and malignant. He is very experienced in both open and advanced laparoscopic techniques for hernia repair. Dr. Weinstein has performed robotic cases for gallbladder, hernia repair, as well as GastroEsophageal reflux and Hiatal hernia repair.

Current Residents



Karina Cardenas, MD

St. George's University
School of Medicine
Class of 2025



Marcelo Farias, MD

Florida International University
College of Medicine
Class of 2025



Daniel Matienzo, MD

American University of the
Caribbean School of Medicine
Class of 2025



Deepika Sharad, DO

Nova Southeastern University,
College of Osteopathic Medicine
Class of 2025



Ly Ton, MD

Ross University School
of Medicine



Rebekah Cook, DO

New York Institute of Technology,
College of Osteopathic Medicine



Toria Gargano, DO

Nova Southeastern University,
College of Osteopathic Medicine



Anthony Pasarin, DO

Arkansas College of
Osteopathic Medicine



About the Program

Program Curriculum Highlights

The General Surgery Residency Program is a community-based university affiliated program with aims to select the best potential trainees and provide them with a comprehensive learning experience that will afford the opportunity of becoming pioneers in Surgery.

The majority of the clinical and operative experiences will take place at both facilities. With such a diverse patient population, our surgical trainees will gain the knowledge, experience and exposure to perform at the highest level as skilled surgeons.

Our residents will also have training opportunities to rotate at other HCA Healthcare facilities such as Kendall Regional Medical Center, Largo Medical Center and Palms West Hospital.

Residents will receive the following benefits:

- Medical, vision and dental insurance as of the first day of employment
- Life and Disability Insurance provided
- Flexible spending accounts
- CorePlus Benefits
- HCA Healthcare 401K
- Employee Assistance Program (EAP)
- Employee Stock Purchase Plan
- Annual paid leave to cover time off for vacation, sick, holiday and other time away from work as described in the HCA GME Resident Manual
- Worker's Compensation Insurance consistent with the hospital's benefits program

Other benefits:

- Residents' Lounge and Call Room
- Paid certification courses for ACLS/ATLS/BLS/PALS
- Paid in-training examinations
- Approved conference attendance and professional memberships as outlined by the Program Director
- Meals provided while working in the clinical environment
- Lab coats

Rotation Schedule

PGY-1												
Month	July	August	September	October	November	December	January	February	March	April	May	June
Site	Westside Regional Medical Center								Northwest Medical Center			
Rotation Name	General Surgery	General Surgery/Colo-rectal Surgery	Vascular Surgery	Surgical Oncology	Surgical Critical Care / SICU	Plastics	Surgical Oncology	Surgical Critical Care / SICU	General Surgery	General Surgery	Head & Neck / Endocrine	Surgical Oncology
PGY-2												
Month	July	August	September	October	November	December	January	February	March	April	May	June
Site	Westside Regional Medical Center								Northwest Medical Center	Kendall Regional Med Ctr	Northwest Medical Center	
Rotation Name	General Surgery	General Surgery/Colo-rectal Surgery	Surgical Critical Care / SICU	Head & Neck / Endocrine	Surgical Critical Care / SICU	Surgical Oncology	Surgical Oncology	General Surgery	General Surgery	Burns	Vascular Surgery	Surgical Oncology
PGY-3												
Month	July	August	September	October	November	December	January	February	March	April	May	June
Site	Westside Regional Medical Center					Northwest Medical Center			Kendall Regional Med Ctr		Palms West Hosp	
Rotation Name	Endoscopy	General Surgery	General Surgery/Colo-rectal Surgery	Thoracic	Vascular Surgery	Surgical Oncology	Surgical Oncology	General Surgery	Trauma Surgery	Trauma Surgery	Pediatric Surgery	Pediatric Surgery
PGY-4												
Month	July	August	September	October	November	December	January	February	March	April	May	June
Site	Westside Regional Medical Center				Northwest Medical Center			Largo Medical Center		Kendall Regional Med Ctr		Westside or NWMC
Rotation Name	General Surgery	General Surgery/Colo-rectal Surgery	Vascular Surgery	Surgical Oncology	General Surgery	General Surgery	Surgical Oncology	Transplant / HPB Surgery	Transplant / HPB Surgery	Trauma Surgery	Trauma Surgery	Elective
PGY-5												
Month	July	August	September	October	November	December	January	February	March	April	May	June
Site	Westside Regional Medical Center								Northwest Medical Center			
Rotation Name	General Surgery	General Surgery	General Surgery/Colo-rectal Surgery	Vascular Surgery	Surgical Oncology	Surgical Oncology	Head & Neck / Endocrine	Surgical Oncology	Head & Neck / Endocrine	General Surgery	General Surgery	General Surgery

About HCA Healthcare GME

HCA Healthcare is a comprehensive healthcare network with over 275,000 colleagues across more than 2,000 care facilities all committed to creating a positive impact every day. We continually invest in our colleagues and facilities to better serve our patients and local communities. The Graduate Medical Education (GME) programs seek to inspire tomorrow's physicians to care for and improve human life by focusing on patient-centered approaches to practicing the latest evidence-based medicine.

To learn more about the benefits and expectations of training with an HCA Healthcare program, view our [Resident and Fellow Manual](#).



- HCA Healthcare Hospital



Size

HCA Healthcare Graduate Medical Education is the largest sponsor of residency and fellowship programs across the nation.

4,637
residents

289
fellows

218
specialty programs (residencies)

79
sub-specialty programs
(fellowships)



Scholarly Activity

HCA Healthcare Graduate Medical Education provides a critical link between vigorous scholarly activity and real-world patient care from a sophisticated data repository of more than 32 million patient encounters each year.

2,500+ HCA Healthcare GME scholarly activities in 2020-21.



Clinical Training

Each year approximately five percent of all U.S. hospital services happen at an HCA Healthcare facility, including:

32+ million patient encounters
7.4 million emergency room visits
215,000+ babies delivered

HCA Healthcare Graduate Medical Education is a leader in clinical experience.

- Nationally known physician expertise across the country
- Investments in facilities allowing the advancement of patient care
- High emphasis on simulation results and low patient incidents
- Higher patient touch than academic facilities
- Annual collaborative mass casualty event team training

A commitment to scholarly activity

Based on more than 32 million patient encounters each year, our scholarly activity bridges the gap between compelling evidence and exceptional patient care.



Our experiential learning is rooted in evidence-based medicine that leads to innovative, **real-world patient health solutions**.

Merging the rigor of **ACGME** accreditation with high patient touch, our residents and fellows deliver evidence-based care that demonstrates our mission to care for and improve human life.

We offer **National Grand Rounds** that leverage accomplished clinical expertise from across HCA Healthcare, bringing the nation's leading medical experts to our residency and fellowship programs.

Notable Publications

- *JAMA Internal Medicine*
- *Annals of Surgical Oncology*
- *CHEST Journal*
- *American Journal of Respiratory & Critical Care Medicine*
- *Obstetrics & Gynecology*

Notable Presentations

- American College of Cardiology
- Society of Critical Care Medicine
- American College of Physicians
- Society of Hospital Medicine
- American College of Surgeons

Influential Collaboration

HCA Healthcare residents and fellows have access to talented, highly skilled teams of faculty, industry experts and dedicated researchers to guide them through their journey. Residents and fellows produce evidence that drives future practice by leveraging HCA Healthcare's national clinical data warehouse – the heart of our data ecosystem.

HCA Healthcare Scholarly Commons is a platform to collect, share and publish the variety of academic work created by the Graduate Medical Education community. During 2020, readership of those works eclipsed the 25,000 mark. Included on this platform is the **HCA Healthcare Journal of Medicine**, a peer reviewed scientific periodical focused on innovation, enhanced quality and developing new knowledge in clinical care and medical education for the benefit of all patients. In its first year of publication, the journal disseminated 86 articles in six issues as well as a seventh special issue on the COVID-19 pandemic.



About HCA Healthcare

HCA Healthcare is one of the nation's leading providers of healthcare services and is comprised of 186 hospitals and more than 2,000 sites of care including surgery centers, freestanding ERs, urgent care centers, diagnostic and imaging centers, walk-in clinics and physician clinics in 20 states and the United Kingdom. With its founding in 1968, Nashville-based HCA Healthcare created a new model for hospital care in the United States.



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Size

275,000
colleagues

93,000+
registered nurses

47,000[^]
active and affiliated physicians



Patient Care

HCA Healthcare's U.S. hospitals provide approximately 5% of all inpatient hospital services in the country.

In 2020:

32+ million
patient encounters

7.4 million
emergency room visits

215,000
babies delivered

View the **HCA Healthcare Community Impact Report** to learn more about our award-winning programs, technology advances and partnerships with community organizations to fulfill our commitment to the care and improvement of human life.



Giving Back

\$3.4+ billion
estimated 2020 cost for the delivery of charity care, uninsured discounts and other uncompensated care

\$45 million
in charitable cash contributions provided across the enterprise in 2020

We are committed to expanding our relationships with our communities by investing **\$10 million** over the next three years in Historically Black Colleges and Universities (HBCUs) and Hispanic-Serving Institutions (HSIs) across our footprint.*

*Starting in 2021



Industry Leader

Sarah Cannon, the Cancer Institute of HCA Healthcare, provides **state-of-the-art cancer care** close to home for hundreds of thousands of patients, a number unmatched by any single cancer center.

HCA Healthcare affiliates deliver healthcare services in **more than 150 languages and dialects**.

HCA Healthcare has treated more COVID-19 inpatients than any other health system in the U.S.

[^]Approximate

